~~detailed and comprehensive manner how to reach the lofty statues of human being in accordance with the unique characteristics of individuals.~~

The Enneagram is a very new phenomenon that has been studied and experienced by researchers and psychologists from Northern and Southern America, but its origin goes back to the myths and wise anthropology in the mythical cultures of various nationalities. The aim of the present study is to examine the effectiveness of Enneagram training on anxiety and self-esteem of female students in ~~The Enneagram is a very new phenomenon which has been studied and experienced by researchers and psychologists from northern and southern America, but its main source is in the mystical and wisely anthropology in the mythical cultures of various nationalities.~~

With the advent and confirmation of psychology among thinkers, a ~~subdirectory~~ subsection called personality psychology emerged, which has been introduced as "~~charactology~~Charactology" and was highly considered ~~highly~~ among scholars.

Alth~~o~~ough there are various definitions of personality, ~~i.e.~~i.e. the main subject of this science, among scientists who are interested in this branch, the considered issues are in common and have the same direction. Each man and every event is unique in its kind. However, there are too many similarities between ~~many~~ people~~s~~ and events of their lives ~~to consider common points~~for common points to be considred, and these patterns of behavior is that psychologists should follow. Personality ~~psychology~~Psychology pays special attention to the people's wholeness and their individual differences.

Although personality psychologist~~s~~ agree with ~~being of~~of the presence of some similarities between ~~the~~ individuals, ~~but~~however their attention is ~~more~~ focused ~~more~~on the differences ~~between~~of individuals ~~from each other~~. Why ~~are~~ some people ~~are~~ successful and ~~other is~~others a failure? Why is the individual understanding of similar things ~~is~~ different? Where is the source of diversity of talents? Why do some people suffer from mental illness? Why do some people change and some people are ~~very~~ resistant to change?

Personality theorists focus on human wholeness. Thus, the complex relationships between different aspects of human action, including learning, perception, and motivation are reviewed. Research of personality ~~doesn't mean~~is not the study of human consciousness, but the study of differences of individuals in perception and the way of their relationship with the overall interaction ~~oh~~ of human beings. Gorgiov, one of the ~~theoritst~~theorists in this field believes that people ~~can not~~cannot see reality through their surrounding phenomena, because they are not aware and live in sleep mode "hypnosis".

On the other hand, ~~the~~ anxiety ~~have~~ has been considered in all theories ~~ans~~and psychological approaches, and ~~have been known as~~is considered the cause ~~od~~of many disorders~~abd~~, behavioral, and personality problems. It is note~~-~~worthy that every personality type in the Enneagram typology ~~have~~ has a different level of mental health. ~~-~~The relationship between individual behavior~~and~~, personality, mental health, and factors influencing ~~on~~anxiety and self-~~steem~~esteem ~~has~~ have been proven in many studies. Despite all definitions and explanations about anxiety, there is no effective method to constantly destroy the anxiety during the life. It is clear that the effects of anxiety ~~effects~~are expansive and variable. ~~For effectiveness in treatment methds, i~~It is necessary to determine the role of life pressures anxiety in clinical career for effective treatment of anxiety. (Ganji, ~~1388~~2009).