

## Background and Objectives

Occupational stress is one of the most important factors adversely influencing the performance of an organization's employees [1]. Stress and psychological pressure are common characteristics of the-contemporary societies, and responsible for a wide range of mental and physical illnesses (2, 3, 5). Stress occurs when tensions in an individual's physiological and psychological state are induced by stressors including environmental pressures, obstacles, undesired-undesirable events, and other factors (1). One of the most problematic aspects of stress is prevalent work-related stress-stress due to its prevalence and at the same time, which has a dramatic effect on both the employee and the organization.

Occupational stress is associated with various behavioral disorders in the workplace, including violence and misconduct with clients (5, 6). Evidence shows that work-related stress can lead to job dissatisfaction, increased work delays, and poor staff communication (6). Several lines of research delved into the nature of factors contributing to stress at work. Erickson *et al.* identified personal obligations, high workload, interpersonal relationships, organizational issues, formality, and work-family imbalance among the major causes of stress (7). Landsbergis *et al.* found non-homogenous working conditions, rapid or slow professional advancements, and low job security among the-major stress inducing factors (8). Other reports, demonstrate effect for inspections, job supervisions, and the-use of new technology in developing occupational stress (9, 10). Despite the ever-increasingever-increasing human knowledge about the causes of stress, the-employees' stress in the workplace, and the related adverse outcomes-stilloutcomes remains a pressing challenge. According to Gestalt, health care related professions can create-contribute to excessive stress levels (11). Health-care professionals are exposed to a wide variety of intensive stressful conditions due to their responsibility for direct provision of care to patients (12). According to NIOSH, occupational stress occurs when the-demands by the workplace exceeds the individual's ability to-getin getting them performed and completed (1). Such a definition paves the way to understand facilitates understanding of the way workplace conditions in either health-care or army entities if not appropriately addressed, can lead to unacceptable levels of occupational stress, if not appropriately addressed. The wWorkplace in both of these sectors is a ground for emergence of crisis and unexpected events, and working in them; generally deals with people's life and

Comment [MP2D7]:  
Valid?  
Any better alternative?

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Comment [Reviewer8]: We could omit this too.

Comment [MP2D9]:  
Optimization needed?

Comment [Reviewer10]: Regarding, toward

Comment [MP2D11]:  
Correct usage?  
Fit to the context?

Comment [Reviewer12]: I suggest examined

Comment [MP2D13]:  
منظور رسمی بودن است. به ویژه در محیط های نظامی.

Comment [Reviewer14]: Military etiquette?

Comment [Reviewer15]: ?  
Unequal would be better

Comment [MP2D16]:  
Clear?  
If not can you suggest solution regarding the context of the discussion?

Comment [Reviewer17]: I do not understand you point here

Comment [Reviewer18]: increasing

Comment [MP2D19]:  
I am not easy with this part of the sentence.

Comment [Reviewer20]: For?

Comment [Reviewer21]: Or:  
In performing and completing them.

Comment [MP2D22]:  
Appears to be heavy for something such as "definition".  
In addition there are two neighboring "way" in one sentence.

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Comment [Reviewer23]: ?

Comment [MP2D24]:  
I am not satisfied with this sentence.

Comment [Reviewer25]: Sections?  
I think sector is okay.

Comment [MP2D26]:  
I'm not sure sector fits here.  
A better suggestion possible?  
Or complete revision of the sentence?